The focus of this half term is on personal wellbeing and physical health. All tasks are accessible and are to be completed on Doddle. You will also receive a workbook in the post to complete.

Work Due	Year 7	Year 8	Year 9	Year 10
in:				
24 <sup>th</sup> April	Dealing with bereavement	Dealing with bereavement	Dealing with bereavement	Dealing with bereavement
	Work through the ppt's and take	Work through the ppt's and take	Work through the ppt's and take	Work through the ppt's and take
	notes in your book. Then	notes in your book. Then	notes in your book. Then	notes in your book. Then
	complete the interactive task.	complete the interactive task.	complete the interactive task.	complete the interactive task.
1 <sup>st</sup> May	Healthy eating	Healthy eating	First Aid	First Aid
	Work through the ppt's on food	Work through the ppt's on food	Work through the ppt's on the	Work through the ppt's on the
	groups and the importance of	groups and the importance of	recovery position, CPR and	recovery position, CPR and
	water. You will need to take	water. You will need to take	general first aid. You will need to	general first aid. You will need to
	notes in your book.	notes in your book.	take notes in your book.	take notes in your book.
8 <sup>th</sup> May	Vegetarianism	Vegetarianism	Healthy Living	Healthy Living
	Work through the ppt's on	Work through the ppt's on	Work through the ppt's on your	Work through the ppt's on your
	vegetarianism and why people	vegetarianism and why people	five a day and maintaining a	five a day and maintaining a
	decide to become vegetarian.	decide to become vegetarian.	healthy weight. You will need to	healthy weight. You will need to
	You will need to take notes in	You will need to take notes in	take notes in your book.	take notes in your book.
	your book.	your book.		
15 <sup>th</sup> May	Healthy Living & First Aid	Healthy Living & First Aid	Living with and checking for	Living with and checking for
	Work through the ppt's on	Work through the ppt's on	Cancer	Cancer
	exercise, healthy weight and first	exercise, healthy weight and first	Work through the ppt's on	Work through the ppt's on
	aid. You will need to take notes	aid. You will need to take notes	cancer and checking for lumps.	cancer and checking for lumps.
	in your book.	in your book.	You will need to take notes in	You will need to take notes in
			your book.	your book.
22 <sup>nd</sup> May	Quiz week	Quiz week	Learning to learn	Learning to learn
	Complete the three quizzes	Complete the three quizzes	Work through the ppt's on	Work through the ppt's on
	about physical health that will	about physical health that will	different revision strategies and	different revision strategies and
	test your knowledge of the work	test your knowledge of the work	use this to help you with your	use this to help you with your
	you have completed over the last	you have completed over the last	remote learning tasks. You can	remote learning tasks. You can
	5 weeks.	5 weeks.	use these to help prepare for	use these to help prepare for
			your upcoming GCSE exams.	your upcoming GCSE exams.