

## Dates for the Diary

### Armistice Day

Tuesday 11<sup>th</sup> November 2025

### Year 8 AP1 Assessments

Monday 1<sup>st</sup> - Friday 5<sup>th</sup> December 2025

### Year 9 AP1 Assessments

Monday 8<sup>th</sup> - Friday 19<sup>th</sup> December 2025

### Christmas Fayre

Thursday 18<sup>th</sup> December 2025: 3pm-5pm

### Last Day of Autumn Term

Friday 19<sup>th</sup> December 2025

## Student Value of the Term

**NO HUMAN  
IS ILLEGAL**

## House Points - Week Ending 24<sup>th</sup> October



57,830  
ALI



54,463  
SEACOLE



47,338  
AUSTEN



42,615  
HAWKING

## Leadership Message - Welcome Back

I'd like to extend a warm welcome back after the half term break to all year groups. I trust you all had a restful and enjoyable time.

As we move into the second half of the term, we're eager to build on the excellent progress made so far and continue working towards our goals together with renewed focus, enthusiasm, and determination.

This half-term will bring plenty of opportunities for learning, achievement, and personal growth- from class projects to extracurricular events and enrichment activities.

We will also be working towards our first AP series for all year groups.

Year 8 AP1 will commence on the 1<sup>st</sup> of December 2025

Year 9 AP1 will commence on the 8<sup>th</sup> of December 2025

Year 7 AP1 will commence on the 12<sup>th</sup> of January 2026

Please be sure to collect homework and out of hours learning activities from each of your classrooms to aid your preparation for the exams series.



**E.Cahill**  
Deputy Headteacher

## Uniform Exchange Scheme

If you have uniform that your child has outgrown, please bring it in and see if there is something in the exchange shop that has been donated that you can simply swap your item for. We are still gratefully receiving donations of jumpers, shirts, trousers and PE kits that are in pre-loved condition and these can be donated via the reception office on either site.

Please remember, the Uniform Exchange shop is located at the Lower Academy, is open from 8am – 3:30pm Monday – Friday and is accessible via the school office.



## Parent Information Session: Shifting the Culture

To find out more about our recent Parent Information Session on Shifting the Culture: Getting the Basics Right, please [click here](#) to view the full presentation.

### Home Learning

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please visit the [Contact Us](#) page via the Basildon Lower Academy website and select the option for Home Learning/Homework.

### Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link [www.escb.co.uk](http://www.escb.co.uk) which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

[www.basildonloweracademy.org.uk/safeguarding](http://www.basildonloweracademy.org.uk/safeguarding)

### Young Minds

[Young Minds](#) is the UK's leading charity committed to improving the emotional wellbeing and mental health of children and young people. Just as people's bodies can become unwell, people's minds can become unwell too.

Young Minds offer information to young people and children about mental health and emotional wellbeing. If you need to talk, they can let you know about organisations that listen, plus they offer online support and info.

The logo for Young Minds, with 'YOUNG' in yellow and 'MiNDS' in grey, all in a bold, sans-serif font.

### Student Nurse Drop In

If students are worried about their health, would like a confidential chat or would just like to find out more about how our school nurse can help them, the nurse can be found:

Every Thursday  
Breaktime

Location: The Lower  
Academy SEND  
Department



### Young Carers Club

Tuesdays

3:15pm-5pm

Venue:

Ground Floor Green Block  
Opposite the Drama Room



Various activities each week including board games, cooking, photography, arts & crafts.

Refreshments provided. Talk to others, relax & have fun.

### Update to Catering Menu

From **Monday 3<sup>rd</sup> November 2025**, there will be a few updates to our catering options. **At lunchtime**, students can now choose from **four dessert options**:

- Dessert of the Day (changes daily as shown on the menu)
- Jelly Pot
- Fruit Pot
- Yoghurt

**At breaktime** (and only at breaktime), students can purchase items such as:

- Crisps
- Popcorn
- Brownies, flapjacks, and other baked cakes

To view all current menus, please [click here](#).



## Aspire - Believe - Achieve

## Parent Drop In - Wednesday 5<sup>th</sup> November

This week's Parent Drop In will be on Wednesday 5<sup>th</sup> November between 11.30am and 12.30pm.

There will be no need to book an appointment, just sign in at reception and staff will be happy to show you to the venue. There is no set topic for the drop in sessions, if we are not able to answer any specific questions, we will follow up and then feedback to you. Please note, if your matter is of a confidential nature, we kindly ask that you call the school to arrange a separate appointment, as parent drop-in sessions are not intended for one-to-one discussions.



## Year 8 Showcase Creativity in Rivers Revision Project

Year 8 Geography students have been celebrating the end of their rivers unit with a creative and engaging revision activity. To consolidate their learning, students designed eye-catching revision posters to help them prepare for their upcoming AP assessments.

The project gave students the opportunity to demonstrate their understanding of key geographical concepts while showcasing their creativity, independence, and teamwork. The impressive posters reflected not only the students' knowledge of river processes and landforms but also their ability to present information in a visually engaging way.

"I liked making posters as it was fun and helped me revise." Paula.A



## Online Safety Advice: Understanding Steam

Steam is a popular gaming platform where users can play, create, and interact with others online. While it offers a wide range of games and social features, it's important for parents to be aware of the platform's settings and safety tools to help protect their child's online experience.

For more information on managing privacy settings, in-app purchases, and communication features on Steam, visit:

<https://basildonacademies.onlinesafetyhub.uk/parent/reviews/steam>

The Online Safety Hub is an online resource with lots of expert advice and guidance to help find out how to keep our young people safe online. You can access it for free here: [Online Safety Hub - The Basildon Academies](https://basildonacademies.onlinesafetyhub.uk/parent/reviews/steam)





# Year 7 Students Learn Lifesaving First Aid Skills

As part of their PD and RSHE curriculum, Year 7 students have been developing their understanding of essential first aid skills. Their recent lessons have focused on how to respond in emergency situations, including what to do if someone is having an asthma or panic attack, how to safely approach an injured person, and how to administer CPR.

Students had the opportunity to put their learning into practice by performing CPR on training dummies. The sessions were full of energy, with plenty of singing to the beat of Baby Shark to help keep the correct rhythm, and friendly competitions to see who could go for the longest. A special mention goes to **Akebah.S** and **Elidio.K**, who managed an impressive **10 minutes of continuous CPR**.

Throughout the term, students will continue their first aid learning by exploring how to place someone in the recovery position and how to treat injuries using bandages.

- "We now know how to keep airflow in the body to help keep someone alive." Polly.S
- "It's good to learn CPR because it can save lives." Charlotte.D
- "This was a really good and engaging lesson. I did CPR for 10 minutes continuously." Akebah.S
- "It was an intense and practical lesson." Zain.M



## Do you enjoy learning about renewable energy resources?

**You could be a/an...**

**Solar design engineer**

James uses cutting-edge technology to design solar panel systems on buildings, maximising the amount of electricity converted from sunlight.

**Career route** Degree, apprenticeship, on the job training

**Salary range** £30,000- £50,000

**Top essential skill** Creativity

**Ecologist**

Jen researches the effects of new renewable energy installations on the plants and animals living in the area.

**Career route** Degree

**Salary range** £18,000- £45,000

**Top essential skill** Teamwork

**Wind turbine technician**

Nikil installs, tests and maintains wind turbines on land and at sea. He ensures they are safe and generating as much electricity as possible.

**Career route** On the job training, apprenticeship, college course or degree

**Salary range** £23,000- £42,000

**Top essential skill** Teamwork

**Helicopter pilot**

Bekka transports equipment and people to wind farms and carries solar panels for installation in hard-to-reach locations.

**Career route** Pilot course and medical fitness test

**Salary range** £25,000- £45,000

**Top essential skill** Planning

**Did you know?**

By 2029, solar energy is expected to become the largest renewable power source globally.

The **green job** market is increasing every year, with over 270,000 jobs advertised in the UK alone, in 2024.






a job that protects or restores the environment

## Which renewable energy sector would you like to work in?

# BASILDON ACADEMIES

## WORD OF THE DAY

3<sup>rd</sup> - 7<sup>th</sup> November 2025

<b>Monday:</b>	<b>Innovative (adjective)</b> innovative in Albanian – introducing new ideas; original and creative in thinking. <i>The innovative solution impressed the whole science department.</i>	
<b>Tuesday:</b>	<b>Ineffable (adjective)</b> hana jeuet tapeugah in Acehnese – too great or extreme to be expressed in words. <i>The ineffable beauty of the night sky left her speechless.</i>	
<b>Wednesday:</b>	<b>Incendiary (adjective)</b> आग लगानेवाला in Hindi – designed to cause fires or provoke strong feelings. <i>The incendiary fireworks lit up the November sky.</i>	
<b>Thursday:</b>	<b>Trepidation (noun)</b> felindulás in Hungarian – a feeling of fear about something that may happen. <i>With trepidation, she walked into the exam hall.</i>	
<b>Friday:</b>	<b>Pristine (adjective)</b> óspilltur in Icelandic – in its original condition; unspoilt. <i>The pristine snow blanketed the field in silence.</i>	

## Job of the Week: Car designer

### What does a Car designer do?

You'll work in one of the following areas of car manufacturing:

**design** – turning ideas into blueprints for development and testing, taking into account safety, cost-effectiveness, environmental impact and look

**development** – building and testing prototypes using computer simulations and physical models to assess components' strengths, weaknesses, performance and safety

**production** – planning the production run, including redesigning car machine tools, equipment and processes to make new parts, monitoring costs and production schedules, and overseeing quality control

### Labour Market Information

- UK jobs: 383,043
- Essex jobs: 8,415
- Growth: +41.4% 897,801 jobs



### What Qualifications do you need to do this job?

You will usually need a qualification like an HNC, HND, foundation degree or degree, before starting a 1 to 2 year company training scheme.

Relevant subjects include:

- Mechanical Engineering
- Electrical or Electronic Engineering
- Design Engineering
- Manufacturing Engineering
- Automotive Engineering

### Let's Talk Money

UK annual median:  
£46,761



What the schools stand for and promote is highly visible and consistent on each site from the values agreed with students to the diversity represented by the key figures the school's houses are named after.



Excellence in Pupil  
Development Award

2023-2026

Follow The Basildon Lower Academy on our social media channels







# GUY FAWKES NIGHT



**To celebrate Guy Fawkes Night, the Dining Hall will be serving fireworks-themed treats for 50p each at break & lunchtime on Wednesday 5th November!**



**TO COMMEMORATE ARMISTICE DAY  
THE DINING HALL WILL BE SELLING A SELECTION  
OF CAKES & BISCUITS FOR 50P EACH  
ON TUESDAY 11TH NOVEMBER**



**ALL PROCEEDS WILL GO TO THE ROYAL BRITISH LEGION**



*Lest We Forget*

The range of opportunities for parents to be involved and/or get involved is constantly growing and at all levels the school are actively seeking to develop the opportunities they provide for families to be involved in the life of the school.



Leading Parent  
Partnership Award

2023-2026

## Absence Procedures

Please let us know as soon as possible if your child is unable to attend school, ideally by 8am, by email to [lowerattendance@basildonacademies.org.uk](mailto:lowerattendance@basildonacademies.org.uk) or by calling 01268 498881.

- Parents/carers must contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parent/carers may be asked for medical evidence to support absences after 3 days or reoccurring absence patterns.
- Wherever possible, parents/carers should make appointments outside of school hours. If this is unavoidable students should attend school before and after the appointment.

Please familiarise yourself with our attendance procedures found on the school website within the Parent Information section, so you know who and when you need to contact us. [www.basildonloweracademy.org.uk/attendance](http://www.basildonloweracademy.org.uk/attendance)



# GOOD TIMEKEEPING



## What to do the night before:

Get everything you need for school ready



Set your alarm allowing plenty of time

Make your lunch and drink if you bring a packed lunch to school



Turn off devices half an hour before bedtime

Have a good night's sleep - a minimum of eight hours!



# Basildon School Age Community Drop-in

The School Age team at Essex Child and Family Wellbeing Services will provide drop-ins for parents/carers and school aged young people across South East Essex. The drop-ins are available for all young people including those who may be home educated or unable to access the support they require in the school environment.

## Support offered:

- Emotional health and wellbeing
- Improving sleep
- Nutrition support
- Physical and sexual health
- Personal hygiene
- Managing health conditions
- Signposting, advice and support.

**Signpot Basildon  
The Unity Centre**  
(opposite the food court)  
86 Eastgate Centre  
Basildon  
SS14 1AF  
**16:00 - 17:00**  
2nd and 4th  
**Tuesday**  
of the month  
Commencing  
**23rd September**

**No need to book,  
just come along**

**For more information  
Tel: 0300 247 0013  
(Mon-Fri 9am-5pm)**