

The Basildon Lower Academy Newsletter

29th September 2025

Dates for the Diary

Year 7 Settling Event

Monday 29th September 2025: 3.30pm-4.30pm

Lower Academy Year 6 Open Evening Thursday 2nd October 2025: 5pm-7pm

School Holiday

Friday 3rd October 2025

Academic Progress Information Event Monday 20th October 2025: 3.30pm-4.30pm

Half Term

Monday 27th - Friday 31st October 2025

Student Value of the Term

BLACK LIVES MATTER

House Points - Week Ending 26th September



Leadership Message - Lower Academy Year 6 Open Evening

We are excited to invite all prospective students and their families to our annual Open Evening on Thursday, October 2^{nd} between 5-7pm. This is a fantastic opportunity to explore what makes our school such a welcoming, vibrant, and inspiring place to learn.

During the event, visitors will have the opportunity to:

- Tour the school and explore our classrooms and specialist facilities (including science labs, sports hall/dance studio, art and design areas, ICT suites, swimming pool, catering kitchens, and more).
- Meet our dedicated staff and current Student Ambassadors, who will share how we support all students to succeed both academically and personally.
- Experience live subject demonstrations and interactive activities.
- Learn more about our curriculum and enrichment opportunities.
- Ask questions about the transition to secondary school and meet the staff who guide students through every step.
- Discover how we help every child thrive, whatever their starting point.











Whether you're already considering The Basildon Lower Academy or just starting to explore your options, this is a brilliant chance to experience our welcoming, inclusive learning community first-hand and ask all the questions that matter to you and your child.

We look forward to welcoming you and showing you what makes our school such a special place to grow, learn, and succeed.

E.Cahill Deputy Headteacher

Home Learning

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please visit the <u>Contact Us</u> page via the Basildon Lower Academy website and select the option for Home Learning/Homework.

Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link www.escb.co.uk which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

www.basildonloweracademy.org.uk/safeguarding



Young Minds

<u>Young Minds</u> is the UK's leading charity committed to improving the emotional wellbeing and mental health of children and young people. Just as people's bodies can become unwell, people's minds can become unwell too.

Young Minds offer information to young people and children about mental health and emotional wellbeing. If you need to talk, they can let you know about organisations that listen, plus they offer online support and info.



Student Nurse Drop In

If students are worried about their health, would like a confidential chat or would just like to find out more about how our school nurse can help them, the nurse can be found:

Every Thursday Breaktime

Location: The Lower Academy SEND Department



Aspire - Believe - Achieve

Online Safety Advice: Unlocking the Lid on Loot Boxes

With gaming now a big part of many young people's lives, it's important for parents to understand the risks that can come with it—especially when it comes to loot boxes. These in-game purchases can have both financial and emotional impacts. This helpful article explains what loot boxes are, how they work, and how you can support your child's safe gaming habits: https://basildonacademies.onlinesafetyhub.uk/parent/articles/unlocking-the-lid-on-loot-boxes-1

The Online Safety Hub is an online resource with lots of expert advice and guidance to help find out how to keep our young people safe online. You can access it for free here: https://basildonacademies.onlinesafetyhub.uk/



New Essex Sexual Health Service Webpages Dedicated to Secondary Parents & Carers

The Essex Sexual Health Service has a website dedicated to parents and carers. Parents can find a wealth of resources, including FAQs, insights into RSE, and advice on how to have those important conversations.



Essex Sexual Health Service

www.essexsexualhealthservice.org.uk/parents-and-carers/

Year 7 Students Promote Recycling During National Recycling Week

As part of their Geography studies, Year 7 students have been developing their skills in field sketching and map work. During these activities, students surveyed the school site to identify the location of bins and to investigate recycling habits within the school community.

The timing of the project was particularly significant as it coincided with National Recycling Week. While completing their fieldwork, many students also took the initiative to collect and dispose of litter responsibly.

To further raise awareness, students designed eye-catching posters promoting recycling and encouraging others to take action against littering. These will be displayed around the school to inspire the whole community to play their part in protecting the environment.

Students are also continuing their efforts to support the homeless by recycling crisp packets into blankets, which will be delivered to a chosen charity once enough have been made.

"Littering can kill animals that may think that the litter is food and it may be harmful." Aubree.B

"Recycling stops grass dying and trees dying and they help humans, so we need to look after nature." Aiden.S

"If you recycle you can use it again and stop it going to landfill." Sydni-Mae.H



























Lower Academy Awarded Music Mark of Recognition for Dedication & Improvement

We are delighted to announce that Basildon Lower Academy has been awarded the Music Mark of Recognition for Dedication & Improvement by the UK Association for Music Education in partnership with Essex Music Service.

This recognition celebrates our Academy's commitment to high-quality music education, inclusivity, and creativity. It acknowledges the dedication of our staff, visiting tutors, and talented students who make music such a vibrant and valued part of school life.



1-2-1 Music Lessons

Alongside this award, we are excited to continue growing our music programme. In addition to lessons already offered in piano, guitar, drums, bass guitar, singing and ukulele, students can now choose from an even wider range of instruments:

Acoustic Guitar, Alto Saxophone, Bass Guitar, Cello, Clarinet, DJ-ing, Drums, Electric Guitar, Flute, Keyboard, Piano, Singing, Trombone, Trumpet, Ukulele, Violin.

Lessons are delivered in partnership with Essex Music Service during the school day by specialist tutors. **Existing students do not need to re-register**, but new students must sign up before the **deadline of 30**th **September 2025** to be considered for this year's waiting list. **Register here:** <u>Music Lessons Registration</u>

Costs & Support

- 10 x 15-minute lessons per term = £97.50 (£48.75 half term)
- 10 x 30-minute lessons per term = £195 (£97.50 half term)
- Families with income under £24,000 can apply for a 50% discount
- Looked After or Adopted Children and those supported by Social Care can receive 10 free 15-minute lessons per term
- Low-cost instrument hire is available through Essex Music Service

Join the choir!

Our Academy Choir are already busy rehearsing for their upcoming performances. They will be showcasing their talents at our **Open Evening on Thursday 2**nd **October (5–7pm).**

In addition, the choir will take to the stage at The Brentwood Centre on Wednesday 1st December, performing the music of John Williams alongside the Essex Youth Orchestra.

If your child would like to join the choir, an email has been sent out to you with sign-up details.

Whether it's learning an instrument, joining the choir, or performing in exciting events, our music department is committed to helping every student find their voice and thrive through music.

G.Stoddard - Performing Arts and Creative Arts Lead

Educational Psychology Parent Helpline

Essex County Council are pleased to announce the launch of their new support offer for families.

The EP Parent Helpline offers advice, support, and signposting for parents and carers. It is a confidential, safe, and private service, and no referral is needed — just book an appointment in advance.



Easy to Access: The booking is designed to provide an easier and more convenient experience.

- Available on alternating Mondays and Tuesdays
- 1:00pm 5:00pm
- 25-minute appointments bookable via MS Teams
- No more waiting instant booking confirmation

For booking details and further information, please visit: EP-Parent-Helpline

Further information is available on the Essex County Council Local Offer pages: https://schools.essex.gov.uk/special-educational-needs-and-disabilities-send/send-services-and-support/essex-local-offer-website

Free Online Counselling Service

<u>www.kooth.com</u> is a free, confidential, safe and anonymous way for young people, aged 11-18, to ask for help from a team of highly qualified and experienced counsellors and support workers.

Kooth is a well-established, award winning online counselling agency and is accredited by The British Association of Psychotherapy and Counselling (BACP).



YOUTH VOICE Day SAFERY IN ESSEX-You're invited!

HOSTED BY ESSEX BOYS AND GIRLS CLUBS & ESSEX COUNCIL FOR VOLUNTARY YOUTH SERVICES

Saturday 11th October 2025

ARU Chelmsford 9.45am - 3.30pm



Sign in from 9.15am

If you are a young person aged 11+ living in Essex (including Southend and Thurrock) or an adult working with young people we want to hear from you!

This is a great chance to get involved in fun and interactive workshops, unleash your creativity at our Creation Stations, and share your thoughts with a range of inspiring Essex Leaders whose aim is to implement your ideas. Whether you want to speak up, get creative, or just be part of something exciting – we'd love to see you there!

Come along and make your voice heard and impact your community.

Includes...FREE lunch and FREE Youth Voice Goodies!



For more information please contact Rebecca at rebeccas@essexboysandgirlsclubs.org / 01245 264783









BASILDON ACADEMIES WORD OF THE DAY

29 th September - 3 rd October	
Monday:	Circumspect (adjective) осмотрительный in Russian — wary and unwilling to take risks. The circumspect manager considered every option before deciding.
Tuesday:	Magnanimous (adjective) veľkodušný in Slovak – generous or forgiving, especially to a rival. She was magnanimous in victory, congratulating her opponent warmly.
Wednesday:	Commemorate (verb) spomin in Slovenian – to honour and remember publicly. The school held an assembly to commemorate historic Black figures.
Thursday:	Exemplary (adjective) ejemplar in Spanish — serving as a desirable model. His exemplary behaviour set a standard for the younger students.
Friday:	Amicable (adjective) vänskapligin Swedish – having a spirit of friendliness. They reached an amicable agreement after the discussion.



What does an Estate agent do?

Your day-to-day tasks can include:

- valuing properties for sellers and landlords
- · managing sales and lettings
- booking property viewings for clients looking to buy or rent
- showing clients properties, asking for their feedback, and using this feedback to recommend different properties or get the process started for buying/renting
- facilitating negotiation between buyers and sellers
- administrative tasks like updating records, sending emails, and making calls

Labour Market Information

- UK jobs: 727,788
- Essex jobs: 18,404
- Growth: +7.6% 171,912 jobs



What the schools stand for and promote is highly visible and consistent on each site from the values agreed with students to the diversity represented by the key figures the school's houses are named after.



2023-2026

Follow The Basildon Lower Academy on our social media channels







NATIONAL VEGETARIAN WEEK

Monday 29th September - Friday 3rd October

Healthy

To celebrate Vegetarian Week all vegetarian main meals will be £1



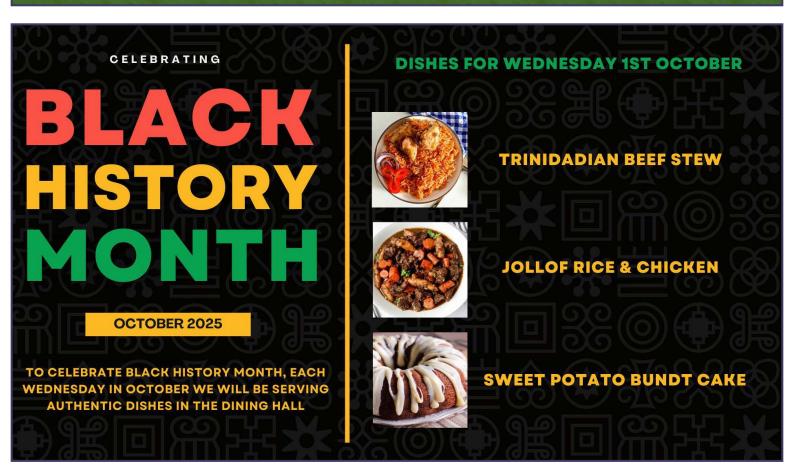












Uniform Exchange Scheme

If you have uniform that your child has outgrown, please bring it in and see if there is something in the exchange shop that has been donated that you can simply swap your item for. We are still gratefully receiving donations of jumpers, shirts, trousers and PE kits that are in pre-loved condition and these can be donated via the reception office on either site.

Please remember, the Uniform Exchange shop is located at the Lower Academy, is open from 8am – 3:30pm Monday – Friday and is accessible via the school office.



Absence Procedures

Please let us know as soon as possible if your child is unable to attend school, ideally by 8am, by email to lowerattendance@basildonacademies.org.uk or by calling 01268 498881.

- Parents/carers must contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parent/carers may be asked for medical evidence to support absences after 3 days or reoccurring absence patterns.
- Wherever possible, parents/carers should make appointments outside of school hours. If this is unavoidable students should attend school before and after the appointment.

Please familiarise yourself with our attendance procedures found on the school website within the Parent Information section, so you know who and when you need to contact us. www.basildonloweracademy.org.uk/attendance









What to do the night before:

Get everything you need for school ready





Set your alarm allowing plenty of time

Make your lunch and drink if you bring a packed lunch to school





Turn off devices half an hour before bedtime

Have a good night's sleep - a minimum of eight hours!

