

# The Basildon Lower Academy Newsletter

15th September 2025

#### **Dates for the Diary**

**Year 7 Settling Event**Monday 29<sup>th</sup> September 2025: 3.30pm-4.30pm

**Lower Academy Year 6 Open Evening** Thursday 2<sup>nd</sup> October 2025: 5pm-7pm

**School Holiday** Friday 3<sup>rd</sup> October 2025

**Academic Progress Information Event** Monday 20<sup>th</sup> October 2025: 3.30pm-4.30pm

Half Term Monday 27<sup>th</sup> - Friday 31<sup>st</sup> October 2025

#### **Student Value of the Term**

# BLACK LIVES MATTER

#### House Points - Week Ending 12th September



#### **Leadership Message**

I am delighted to introduce myself as the new Deputy Headteacher working cross site at both the Lower and Upper Academy. My areas of responsibility are Pastoral, Personal Development and Safeguarding and I am really excited to work alongside you to ensure that every student feels safe, supported and inspired to achieve their very best. I have already been really impressed with the dedication of staff and the strong start to the new academic year that has been shown by the majority of students across both schools.

My role is centred on creating a positive, respectful and inclusive environment where all students can thrive. Excellent behaviour, strong attendance and a culture of safeguarding are the foundations of success in school and beyond and I am committed to working in partnership with families, students and staff to uphold these values. A main aim this year is to ensure that there is complete alignment between the Lower and Upper Academy, so that the identity of both schools shares the same culture and ethos.



I believe that the best outcomes for young people are achieved when schools and families work closely together. I will always welcome open and respectful communication and I encourage you to share any concerns, ideas or feedback so that together we can provide the very best for the young people in our school community.

I am very much looking forward to getting to know both you and your children in the coming weeks and celebrating lots of successes as we move forward.

Thank you for your continued support.

**E.Huet - Deputy Headteacher** 

#### **Lower Academy Year 6 Open Evening**

Thursday 2<sup>nd</sup> October 2025: 5pm - 7pm

The Basildon Lower Academy will be welcoming students, parents and carers who will be transitioning to secondary education in September 2026. There will be an opportunity for visitors to tour the schools facilities, speak to key members of staff and meet our Headteacher, Ms Rees.

A complimentary car will be available for any of our visitors wishing to visit our Upper Academy.



#### **Home Learning**

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please visit the Contact Us page via the Basildon Lower Academy website and select the option for Home Learning/Homework.

#### Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link <a href="https://www.escb.co.uk">www.escb.co.uk</a> which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

www.basildonloweracademy.org.uk/safeguarding



#### **Young Minds**

<u>Young Minds</u> is the UK's leading charity committed to improving the emotional wellbeing and mental health of children and young people. Just as people's bodies can become unwell, people's minds can become unwell too.

Young Minds offer information to young people and children about mental health and emotional wellbeing. If you need to talk, they can let you know about organisations that listen, plus they offer online support and info.



#### **Student Nurse Drop In**

If students are worried about their health, would like a confidential chat or would just like to find out more about how our school nurse can help them, the nurse can be found:

Every Thursday Breaktime

Location: The Lower Academy SEND Department



### Aspire - Believe - Achieve

#### **Online Safety Hub: The Risks of Social Media Therapy**

While social media can offer comfort and community, it's important for parents to be aware of the growing trend of young people turning to online platforms for mental health advice. This article explores the potential risks of "social media therapy," including misinformation and unqualified advice, and offers guidance on how to support your child in seeking reliable help.

For more information please visit: <a href="https://basildonacademies.onlinesafetyhub.uk/parent/articles/the-risks-of-social-media-therapy">https://basildonacademies.onlinesafetyhub.uk/parent/articles/the-risks-of-social-media-therapy</a>

The Online Safety Hub is an online resource with lots of expert advice and guidance to help find out how to keep our young people safe online. You can access it for free here: Online Safety Hub - The Basildon Academies



#### **Parent/Carer Updating Contact Information**

Please ensure we have current contact information on file for you, including home address, mobile phone number, and email address. If any of your details have changed, email us at admin@basildonacademies.org.uk with the updated information.

#### **Welcoming Our Future Year 7 Students**

On Wednesday 10th September, The Basildon Lower Academy was delighted to welcome Year 6 parents and carers, to our Transition Event. The afternoon provided an opportunity for families of prospective students due to join us in September 2026 to find out more about life at the Basildon Academies.

Our Headteacher, Rebecca Rees, along with key members of staff, shared insights into our values, support systems, and the exciting opportunities available to all students. Families also heard more about our supportive learning environment that enables every child to thrive and achieve their full potential.

A real highlight of the event was hearing directly from our current students, who spoke with great confidence and maturity in front of an audience of prospective families. Their ability to share personal experiences of Academy life, from the strong pastoral support to the wide range of extra-curricular activities, was a true testament to their communication and public speaking skills. They represented the Academy brilliantly and embodied the values we strive to uphold every day.



- Euan.S (Year 8)
- Nayme.I (Year 8)
- Emily.C (Year 8)
- Leonard.B (Year 8)
- Sapphire.B (Year 9)
- · Sasha.S (Year 9)

The afternoon concluded with parents and carers taking the opportunity to speak with staff on a one-to-one basis, allowing for personalised conversations and questions about the transition process.

We would like to thank all families who attended and look forward to supporting our future Year 7s on their journey ahead.

If you'd like to see more of what was shared during the event, you can view the presentation here: Year 6 Transition Presentation. This gives a great overview of life at The Basildon Academies and may be especially useful for families with younger children who will soon be making the transition to secondary school.















#### Uniform Exchange Scheme

If you have uniform that your child has outgrown, please bring it in and see if there is something in the exchange shop that has been donated that you can simply swap your item for. We are still gratefully receiving donations of jumpers, shirts, trousers and PE kits that are in pre-loved condition and these can be donated via the reception office on either site.

Please remember, the Uniform Exchange shop is located at the Lower Academy, is open from 8am – 3:30pm Monday – Friday and is accessible via the school office.



#### **Educational Psychology Parent Helpline**

Essex County Council are pleased to announce the launch of their new support offer for families.

The EP Parent Helpline offers advice, support, and signposting for parents and carers. It is a confidential, safe, and private service, and no referral is needed — just book an appointment in advance.



**Easy to Access:** The booking is designed to provide an easier and more convenient experience.

- Available on alternating Mondays and Tuesdays
- 1:00pm 5:00pm
- 25-minute appointments bookable via MS Teams
- No more waiting instant booking confirmation

For booking details and further information, please visit: <u>EP-Parent-Helpline</u>

Please note: the previous helpline system and telephone number are no longer in use.

Further information is available on the Essex County Council Local Offer pages: <a href="https://schools.essex.gov.uk/special-educational-needs-and-disabilities-send/send-services-and-support/essex-local-offer-website">https://schools.essex.gov.uk/special-educational-needs-and-disabilities-send/send-services-and-support/essex-local-offer-website</a>

#### Free Online Counselling Service

<u>www.kooth.com</u> is a free, confidential, safe and anonymous way for young people, aged 11-18, to ask for help from a team of highly qualified and experienced counsellors and support workers.

Kooth is a well-established, award winning online counselling agency and is accredited by The British Association of Psychotherapy and Counselling (BACP).









On Friday 26<sup>th</sup> September the Basildon Academies will be taking part in the Macmillan Coffee Morning.

During breaktime a selection of cakes & biscuits will be available for students & staff to purchase in the Dining Hall. Each cake or biscuit will be 50p each, with all proceeds going to the cancer support charity.

Purchases will be made through ParentPay in the normal way.

## BASILDON ACADEMIES WORD OF THE DAY

15 <sup>th</sup> -19 <sup>th</sup> September 2025		
Monday:	Altruism (noun) Altruismus in Greman — selfless concern for the well-being of others.  Her altruism shone through in her voluntary work at the shelter.	
Tuesday:	<b>Ubiquitous (adjective) πανταχού παρών in Greek</b> – present, appearing, or found everywhere. Smartphones are now a ubiquitous part of teenage life.	
Wednesday:	Pragmatic (adjective) פֿרַגמָטִי in Hebrew – dealing with things sensibly and realistically.  The pragmatic approach was to revise little and often, rather than cram.	*
Thursday:	Eloquent (adjective) ékesszóló in Hungarian – fluent or persuasive in speaking or writing.  Her eloquent speech moved the audience to applause.	
Friday:	Ephemeral (adjective) tdk kekal in Indonesian — lasting for a very short time.  The sunset's ephemeral beauty vanished in moments.	



#### What does a Mechanic do?

Build and assemble machines or mechanical components according to requirements

Inspect machines, engines, transmissions etc. and run diagnostic tests to discover functionality issues

Conduct repairs aiming for maximum reliability

Perform thorough maintenance on machinery, equipment and systems

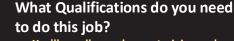
Replenish fluids and components of engines and machinery

Provide consultation on correct maintenance and preventative measures to machine or vehicle users  $\,$ 

Keep logs of work and report on issues

#### **Labour Market Information**

- UK jobs: 220,462
- Essex jobs: 6,170
- Growth -6.8% 74,461 jobs



You'll usually need some training and practical experience.
In the UK, for example, you could do an

apprenticeship in machine maintenance, or a college course like a T level. To get on an apprenticeship or college course, you'll usually need GCSEs in maths and English, plus some work experience as a machine operative.

Let's Talk Money

UK annual median: £35,540

What the schools stand for and promote is highly visible and consistent on each site from the values agreed with students to the diversity represented by the key figures the school's houses are named after.



2023-2026







#### **Absence Procedures**

Please let us know as soon as possible if your child is unable to attend school, ideally by 8am, by email to lowerattendance@basildonacademies.org.uk or by calling 01268 498881.

- Parents/carers must contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parent/carers may be asked for medical evidence to support absences after 3 days or reoccurring absence patterns.
- Wherever possible, parents/carers should make appointments outside of school hours. If this is unavoidable students should attend school before and after the appointment.

Please familiarise yourself with our attendance procedures found on the school website within the Parent Information section, so you know who and when you need to contact us. <a href="https://www.basildonloweracademy.org.uk/attendance">www.basildonloweracademy.org.uk/attendance</a>









### What to do the night before:

Get everything you need for school ready





Set your alarm allowing plenty of time

Make your lunch and drink if you bring a packed lunch to school





Turn off devices half an hour before bedtime

Have a good night's sleep - a minimum of eight hours!

