

DATES FOR THE DIARY

Greet, Meet, Eat - Parent Event

Wednesday 16th September 2026 - 5.30pm-6.30pm

Lower Academy Year 6 Open Evening

Thursday 1st October 2026: 5pm-7pm

Upper Academy Sixth Form Open Evening

Thursday 1st October 2026: 5pm-7pm

Meet the Tutor - Parent Event

Monday 5th October 2026: 3.15pm-4.30pm

Half Term

Monday 26th - Friday 30th October 2026

STUDENT VALUE OF THE TERM

BLACK LIVES MATTER

HOUSE POINTS - WEEK ENDING 11TH SEPTEMBER



14,165
SEACOLE



12,237
HAWKING



11,588
ALI



10,185
AUSTEN

LEADERSHIP MESSAGE

We would like to say a huge thank you to our students and families for the positive start to the school year. We are especially grateful to those students who arrive on time, every day, ready to learn.

Good attendance and punctuality are very important. Every lesson matters, and being in school helps students build knowledge, develop skills, and achieve their best. Regular attendance is also linked to better future opportunities, including further education, training, and employment.

School is about more than learning in lessons. It is also where young people make friends, build confidence, take part in activities, and feel part of a community. When students attend regularly, they strengthen friendships and help create a positive environment for everyone. Their presence encourages others and makes our school community stronger.

We know that sometimes families face challenges that can affect attendance. If there is anything making it difficult for your child to attend school, please contact us through the [Contact Us](#) page so that we can offer support.

We are proud of our students and their efforts. To celebrate positive attendance and punctuality, we will be offering weekly and half-termly rewards throughout the year. Together, we can help every student get the most from school.

S.Collins

Assistant Headteacher & Senior Attendance Champion



UNIFORM EXCHANGE SCHEME

If you have uniform that your child has outgrown, please bring it in and see if there is something in the exchange shop that has been donated that you can simply swap your item for. We are still gratefully receiving donations of jumpers, shirts, trousers and PE kits that are in pre-loved condition and these can be donated via the reception office on either site.

Please remember, the Uniform Exchange shop is located at the Lower Academy, is open from 8am – 3:30pm Monday – Friday and is accessible via the school office.



YEAR 7 STUDENTS MEET THE SCHOOL NURSING TEAM

Last week, our Year 7 students met members of the school nursing team, Allan and Lauren, during a dedicated assembly focused on health and wellbeing.

The session reminded students that the nursing team are available support them with both their physical health and emotional wellbeing. They discussed a range of topics that can affect young people, including anxiety, friendship difficulties, coping strategies, physical changes and how these can impact mental health, as well as staying safe online.

Students were encouraged to remember that they always have someone they can talk to. The nursing team are available to listen and offer confidential support, and can signpost students to other members of the school or wider organisation where additional help may be available.

Students can also access the nursing team's drop-in service **every Thursday at break and lunchtime in the Wellbeing area, with no appointment needed.**

The team also spoke about Soluna, a health and wellbeing app providing access to further advice, information and support. More information about the app can be found below.



SOLUNA – MENTAL WELLBEING SUPPORT FOR YOUNG PEOPLE

Soluna by Kooth is a free, confidential mental wellbeing service for young people aged 10–25, providing support online and through the Soluna app.

Young people can access one-to-one support from qualified practitioners, self-guided tools and resources, and moderated peer-support spaces covering topics such as anxiety, friendships, sleep, identity and exam stress. No referral is needed and there is no waiting list.

Soluna is designed to complement the support already available through school and can be accessed whenever young people need some additional support.

Find out more about Soluna: <https://solunaapp.com/uk>



PARENT/CARER UPDATING CONTACT INFORMATION

Please ensure we have current contact information on file for you, including home address, mobile phone number, and email address. If any of your details have changed, email us at admin@basildonacademies.org.uk with the updated information.



SAFEGUARDING

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link www.escb.co.uk which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

www.basildonloweracademy.org.uk/safeguarding



STUDENTS EMBRACE SPORTS DAY

Our students took part in Sports Day on Friday 4th September, making the most of the opportunity to get involved in a range of sporting activities despite the rainy weather.

The event encouraged teamwork, participation and school spirit, while also marking the re-launch of our House System. Students represented their Houses throughout the day, beginning a new year of friendly competition.

Sports Day formed part of our continued focus on building and strengthening a positive sporting culture across the Academies, encouraging students to get involved, work together and enjoy being active.



SCHOOL CATERING INFORMATION

Looking for our latest lunch and break time menus, as well as current prices?

All catering information can be found on our Catering page:
<https://www.basildonloweracademy.org.uk/catering>

Here you can view:

- Lunch menus
- Break time menus
- Food and drink prices
- Information about our catering provision

We encourage students and parents/carers to check the page regularly for the latest menu options.



STUDENT PORTAL

Within the Student Portal, you will find links to a range of resources and learning platforms that students can access to support their studies. The main page, which provides access to all key links, can be found here: [Student Portal](#)

Accessing the Student Portal also enables single sign-on, meaning students do not need any additional passwords for platforms such as SENECA. Students simply log in to the portal in the same way they would when logging in to a school computer.

SUPPORTING CHILD WELLBEING WITH PARENTING SMART

Parenting Smart, created by the children's mental health charity Place2Be, offers practical tips and guidance to support your child's wellbeing.

From managing screen time to handling big emotions, the website provides short, easy-to-follow articles and videos designed to help parents navigate everyday challenges with confidence.



Explore helpful resources here: <https://parentingsmart.place2be.org.uk/>

YOUNG CARERS CLUB

TUESDAY 3.15PM-5PM G7

VARIOUS ACTIVITIES EACH WEEK INCLUDING BOARD GAMES, COOKING, PHOTOGRAPHY, ARTS & CRAFTS.
REFRESHMENTS PROVIDED. TALK TO OTHERS, RELAX & HAVE FUN.

SCHOOL NURSE DROP IN

If students are worried about their health, would like a confidential chat or would just like to find out more about how our school nurse can help them, the nurse can be found:

Every Thursday Breaktime & Lunchtime
Location: The Wellbeing Area
Ground Floor Blue Block



ONLINE SAFETY HUB - A PARENT'S GUIDE TO MINECRAFT

Minecraft is one of the most popular games among children and young people, encouraging creativity, collaboration, and exploration. However, it's important for parents to understand the potential risks involved, including in-game communication, inappropriate content, and screen time.

[Click here](#) to access information and support on safety settings, setting boundaries, and talking to your child about Minecraft.

The Online Safety Hub is an online resource with lots of expert advice and guidance to help find out how to keep our young people safe online. You can access it for free here: [Online Safety Hub - The Basildon Academies](#)



FOLLOW US





THE BASILDON LOWER ACADEMY

ASPIRE · BELIEVE · ACHIEVE
Success Beyond Circumstance



— GREET, MEET & EAT —

YEARS 7-9 PARENTS & CARERS



WEDNESDAY
16 SEPTEMBER
2026



TIME
5:30PM -
6:30PM



VENUE
LOWER ACADEMY
MAIN HALL

— JOIN US TO LEARN ABOUT —



Attendance Expectations



Behaviour & Culture



Curriculum Overview



Assessment & Reporting



Homework Expectations



Enrichment Opportunities



Careers Awareness



Key Dates for the Academic Year



TOGETHER WE CAN ENSURE EVERY STUDENT ACHIEVES
SUCCESS BEYOND CIRCUMSTANCE

Job of the Week: Arborist

What does an Arborist do?

An arborist is a tree care specialist who plants, maintains, and removes trees safely. Arborists help keep trees healthy and protect people, buildings, and the environment.

Key Responsibilities:

- assessing hazards posed by trees
- assessing tree health and treatment
- pruning or removing branches
- planting and felling trees

Labour Market Information

- +104.2% 481,736 jobs
- +112.7% in your region of East of England, an increase of 49,266 jobs



What Qualifications do you need to do this job?

Many arborists enter the career through:

- College courses in forestry or arboriculture
- Apprenticeships
- Trainee positions with tree care companies
- Useful UK qualifications include certificates in chainsaw use, climbing, and tree inspection.

Let's Talk Money

UK annual median:
£26,251

WORD OF THE WEEK ENCRYPTION

The process of converting information or data into a code, especially to prevent unauthorized access.



ALBANIAN
(Shqip)

Kodifikim
(koh-dih-FEE-kim)



ARABIC
(العربية)

تشفير
(taf-sheer)



EDO/BINI
(Edo/Bini)

Oghogho-ôkpá
(o-gho-gho oh-kpah)



♥ Different languages, shared understanding. **EVERY VOICE MATTERS.** ♥

ASPIRE - BELIEVE - ACHIEVE

HEALTH & CARE ACADEMY APP



Thinking about a career in healthcare? Our app can help you get started.

Whether you're starting to explore healthcare careers or ready to gain hands-on experience, connect to opportunities across Essex and take your next step in health and care.

With the Health & Care Academy app, you can:

- ◌◌◌ **Work Experience Hub**

Real-world placements & Skills Lab training

- ◌◌◌ **Explore Careers**

Discover roles and career pathways

- ◌◌◌ **Practical Advice**

Get ready for work with expert guidance

- ◌◌◌ **Local Opportunities**

Events, placements, and experiences near you

- ◌◌◌ **Build Confidence**

Develop skills and hands-on experience

**Start shaping
your future -
Download the app today!**

SCAN ME



OR download 'HealthZone UK' and type in
'NHS Essex Health & Care Academy'

Our
People
Your
Future

Be the future of
health and care
in Essex