

The Basildon Lower Academy Newsletter

12th May 2025

Dates for the Diary

Year 9 AP2 Assessments Monday 12th - Friday 16th May 2025

Year 8 AP2 Assessments Monday 19th - Friday 23rd May 2025

Half Term Monday 26th - Friday 30th May 2025

Year 7 AP2 Assessments Monday 23rd - Friday 27th June 2025

Beginning of Year 9 Transition to Upper Academy Monday 30th June 2025

Student Value of the Term





Leadership Message

As part of our ongoing commitment to fostering a positive and respectful learning environment, we've been embedding our updated behaviour curriculum across all year groups. This curriculum clearly sets out our expectations for student conduct—focusing on them being ready, responsible and resilient—and ensures these are taught explicitly, just like any other subject.

Students are taught the importance of certain behaviours such as lining up, punctuality, wearing full school uniform and being respectful. They are taught why these are important as well and how to display these successfully. Students are rewarded in a variety of ways and supported to meet these expectations if they are struggling.



Thank you for your continued support in reinforcing these values at home. Together, we are building a culture where positive behaviour is recognised, modelled, and celebrated.

By using a consistent, whole-school approach, we are helping students understand not just what is expected, but why it matters. This supports a calm, focused atmosphere where learning can flourish and all students feel safe and valued.

Z.Spencer Assistant Headteacher

Online Safety Advice: Understanding the Risks of Social Media Therapy

While social media can offer support and connection, it's important for parents to be aware of the growing trend of 'social media therapy'. This guide explains the potential risks of young people seeking mental health advice from unqualified sources online. It offers practical tips on how to encourage open conversations, identify trustworthy information, and support your child's emotional wellbeing.

For more information please visit: <u>https://basildonacademies.onlinesafetyhub.uk/</u> parent/articles/the-risks-of-social-media-therapy



The Online Safety Hub is an online resource with lots of expert advice and guidance to help find out how to keep our young people safe online. You can access it for free here: <u>Online Safety Hub - The Basildon Academies</u>

Home Learning

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please visit the <u>Contact Us</u> page via the Basildon Lower Academy website and select the option for Home Learning/Homework.

Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link <u>www.escb.co.uk</u> which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

www.basildonloweracademy.org.uk/safeguarding

Supporting Your Child's Wellbeing with Parenting Smart

Parenting Smart, created by the children's mental health charity Place2Be, offers practical tips and guidance to support your child's wellbeing.

From managing screen time to handling big emotions, the website provides short, easy-tofollow articles and videos designed to help parents navigate everyday challenges with confidence.



Explore helpful resources here: <u>https://parentingsmart.</u> place2be.org.uk/

Student Nurse Drop In

If students are worried about their health, would like a confidential chat or would just like to find out more about how our school nurse can help them, the nurse can be

Every Thursday Breaktime

Location: The Lower Academy SEND Department



Aspire - Believe - Achieve

Free Online Counselling Service

<u>www.kooth.com</u> is a free, confidential, safe and anonymous way for young people, aged 11-26, to ask for help from a team of highly qualified and experienced counsellors and support workers.

Kooth is a well-established, award winning online counselling agency and is accredited by The British Association of Psychotherapy and Counselling (BACP).



Essex Sexual Health Service Webpages Dedicated to Secondary Parents & Carers

The Essex Sexual Health Service offers dedicated web pages designed to support parents and carers. Parents can find a wealth of resources including FAQs, insights into RSE and advice on how to have those important conversations. <u>https://essexsexualhealthservice.org.uk/</u>



Uniform Exchange Scheme

If you have uniform that your child has outgrown, please bring it in and see if there is something in the exchange shop that has been donated that you can simply swap your item for. We are still gratefully receiving donations of jumpers, shirts, trousers and PE kits that are in pre-loved condition and these can be donated via the reception office on either site.

Please remember, the Uniform Exchange shop is located at the Lower Academy, is open from 8am – 3:30pm Monday – Friday and is accessible via the school office.



School Community Marks 80th Anniversary of VE Day with Reflection and Remembrance

Last week, students and staff came together to mark the 80th anniversary of VE (Victory in Europe) Day — a significant milestone commemorating the end of World War II in Europe.

Throughout the week, students took part in a range of activities designed to deepen their understanding of this historic event. Lessons and assemblies focused on the impact of VE Day, the sacrifices made by those who served, and the importance of remembering their legacy.

On VE Day itself, our school community paused at 12 midday to observe a two-minute silence. This moment of reflection honoured the courage and sacrifice of those who fought for peace across Europe and provided a powerful opportunity for collective remembrance.





"This week was an opportunity to honour and celebrate those who gave their lives for us." Shanie.A – Year 7

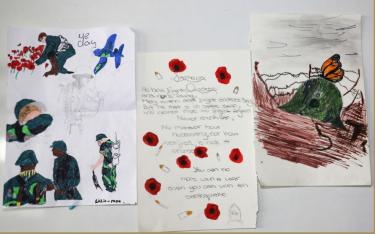
"It's a reminder that our country achieved victory, and it's important to remember everything that happened." Keshawn.E – Year 7

"It's about being thankful for those who fought for our freedom." Hollie.R – Year 7









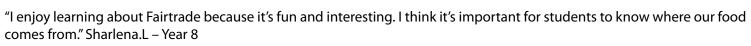
Fairtrade Awareness in Action

Following the successful launch of our Fairtrade Committee and the achievement of our FairAware Award, the committee members have taken the next step on their journey towards earning the FairActive Award.

Over recent weeks, students have been busy designing posters and creating eyecatching clay models to display around the school. These creative pieces are aimed at raising awareness of Fairtrade among their peers and encouraging everyone to think about where their food and everyday products come from.

By taking action and sharing their knowledge, our students are playing a key role in spreading the Fairtrade message across the school community.

With enthusiasm and teamwork continuing to grow, the Fairtrade Committee is well on its way to achieving its next award—while inspiring others to make fairer choices in the process.

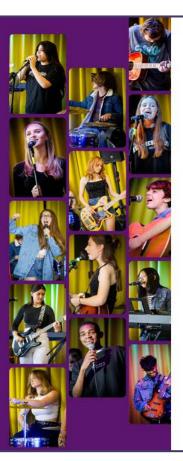


"We promote Fairtrade to help people understand how important it is and why everyone should know about it." Frankie.C - Year 8





FREE MONTHLY OPEN MIC FOR YOUNG MUSICIANS



Free monthly open mic for Young Musicians

The monthly event is an opportunity for young musicians, rappers and bands, plus those interested in technical skills like sound, to harness their skills in front of a supportive and safe live audience.

Collect a flyer from Miss Stoddard or Miss Child for more details



BASILDON ACADEMIES Word of the day

12 TH − 16 TH May 2025 Mental Health Awareness Week					
Monday: International Nurses Day	Wellbeing (Noun) rifah in Azerbaijani Definition: The state of being comfortable, healthy, or happy. Example: Mental Health Awareness Week encourages people to prioritise their emotional and psychological wellbeing.				
Tuesday:	Resilience (Noun) Устойчивостта in Bulgarian Definition: The capacity to recover quickly from difficulties; toughness. Example: Building resilience is a key focus of Mental Health Awareness Week.				
Wednesday:	Stigma (Noun) stigmategaeth in Welsh Definition: A mark of disgrace associated with a particular circumstance, quality, or person. Example: Mental Health Awareness Week works to reduce the stigma surrounding mental illness.				
Thursday: International Day of Families	Cognition (Noun) Kognisi in Indonesian Definition: The mental action or process of acquiring knowledge and understanding through thought, experience, and the senses. Example: Mental Health Awareness Week also highlights the importance of cognitive health.				
Friday:	Empathy (Noun) सहानुभूति[सम्पादन गर्ने] in Nepali Definition: The ability to understand and share the feelings of another. Example: Developing empathy is crucial in supporting others during Mental Health Awareness Week.				

Job of the Week: Air traffic controller

What does an Air traffic controller do? Your tasks will vary depending on which type of controller you become. There are 3 types:

- Area controller in a regional control centre
- Approach controller managing aircraft as they approach the airport
- Aerodrome controller in a control tower

Labour Market Information

- UK jobs: 27,114
- Essex Jobs: 723
- Growth:+7.2%
- Top 5 LEAs: 1. Hampshire (2,236) 2. West Sussex (1,404) 3. Surrey (1,214) 4. Kent (844) 5. Essex (723)

Let's Talk Money UK annual median: £80,414

TA's are deployed according to the needs of the children and TA's are encouraged to use their own interests and strengths. Support in the classroom is effective and pupils spoke about this very positively, "they help explain things better", another pupil articulated, "I feel confident in the classroom, TA's help me to get through school".



2023-2026

Follow The Basildon Lower Academy on our social media channels





What Qualifications do you need to do this job?

You'll need an air traffic control licence from the National Air Traffic Services (NATS). It takes around 3 years to train and you'll complete your training while working.

To become a trainee controller, you'll need: to be 18 years old 5 GCSEs at grades 9 to 4 (A* to C) or equivalent, including English and maths

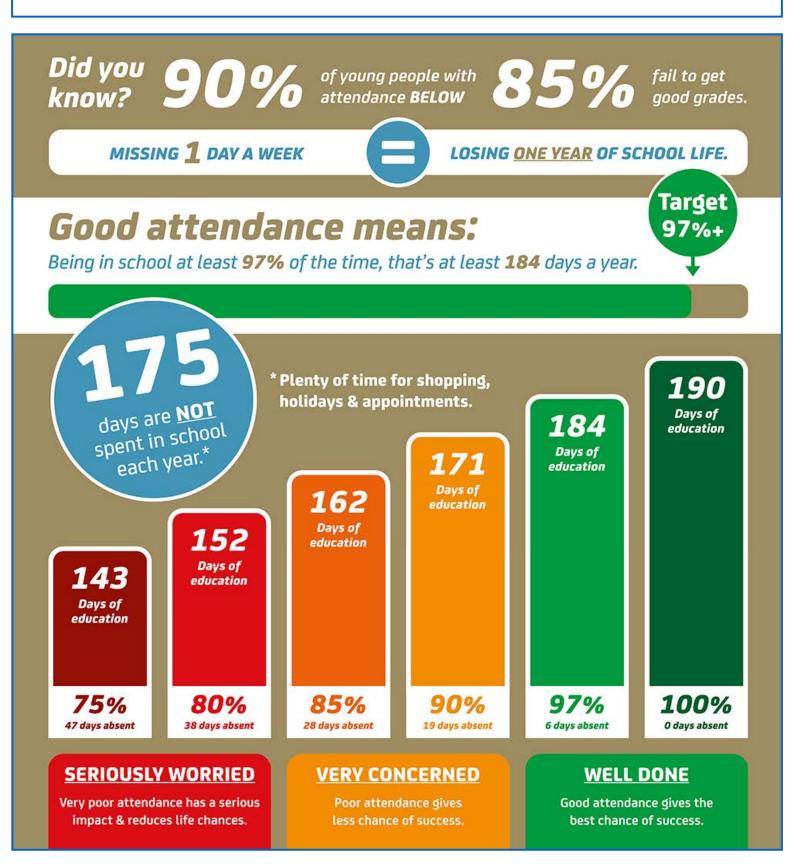
a medical examination security clearance

Absence Procedures

To report a student absence please visit the <u>Contact Us</u> page via the Basildon Lower Academy website and select the option for Attendance.

- Parents/carers must contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parent/carers may be asked for medical evidence to support absences after 3 days or reoccurring absence patterns.
- Wherever possible, parents/carers should make appointments outside of school hours. If this is unavoidable students should attend school before and after the appointment.

Please familiarise yourself with our attendance procedures found on the school website within the Parent Information section, so you know who and when you need to contact us. <u>www.basildonloweracademy.org.uk/attendance</u>





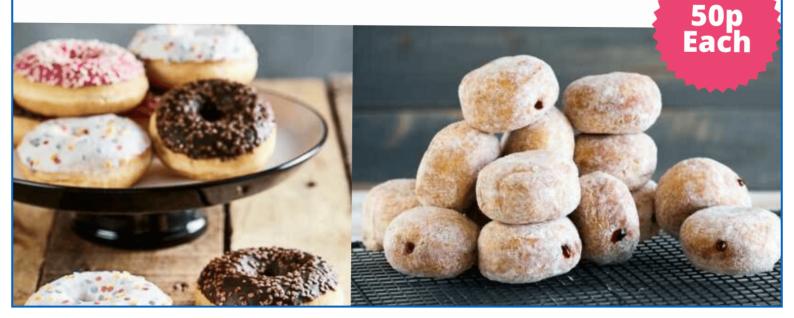


National DOUGHNUT WEEK

Monday 12th – Friday 16th May

To celebrate National Doughnut Week the Dining Hall will be serving a selection of Jam and Ring Doughnuts.

All Doughnuts are 50p each and will be available throughout the week at break & lunchtime.





Extra-Curricular Clubs

Lunchtime: • ArtAfter School: 3.30 - 4.30pm • HistoryBefore School: 7.30 - 8.15 • BasketballLunchtime: MusicLunchtime: • Art• STEM • ScienceLunchtime: MusicAfter School: 3.30 - 4.30pm • ScienceAfter School: 3.30 - 4.30pm • Computer Club • ChoirLunchtime: • Choir• Art • ArtAfter School: 3.30 - 4.30pm • Maths• Computer Club • Choir	Monday	Tuesday	Wednesday	Thursday	Friday
Dance Music Athletics (Jumps/Throws)		 History STEM Science Art Drama 	 Basketball Lunchtime: Music After School: 3.30 - 4.30pm Maths Science Dance Music 	Music After School: 3.30 - 4.30pm • Computer Club	

The Generation Juice Drinks Hub - Available Now!



Parent/Carer Updating Contact Information

Please ensure we have current contact information on file for you, including home address, mobile phone number, and email address. If any of your details have changed, email us at admin@basildonacademies.org.uk with the updated information.

What the schools stand for and promote is highly visible and consistent on each site from the values agreed with students to the diversity represented by the key figures the school's houses are named after.



Excellence in Pupil Development Award