

Dates for the Diary

Settling Event

Monday 2nd October 2023: 4pm - 5pm

Lower Academy Year 6 Open Evening

Thursday 5th October 2023: 5pm - 7pm

Upper Academy Sixth Form Open Evening

Thursday 5th October 2023: 5pm - 7pm

Reading & Numeracy Information Event

Thursday 16th October 2023: 4pm - 5pm

Half Term

Monday 23rd - Friday 27th October 2023

Student Value of the Term

BLACK LIVES MATTER

Aspire - Believe - Achieve

Message from the Headteacher

What a great start to the new academic year. Our students look extremely smart in their uniforms and it's been lovely to see them settling into the school and meeting the expectations of the Lower Academy.

Year 7 students are making an excellent job of navigating their new timetables and surroundings, they have wholeheartedly thrown themselves into secondary school life.

I have been pleased to see students enjoying lessons this week with enthusiasm and the quality of work has been of a high standard.

I am very proud of our students and look forward to sharing with you their progress throughout the coming term.



Mrs L. Sherman

Settling Event

Monday 2nd October 2023: 4pm - 5pm

Parents and carers can make an appointment to see a member of our Academy staff to discuss how their child is settling in and to raise any queries or concerns you may have as we start this Academic Year. Tours of our facilities are also available.

To make an appointment please visit the [Contact Us](#) page via the Basildon Lower Academy website and select the option for General Enquiries.

If you would particularly like to meet with a member of our SEND, Safeguarding or Attendance Teams, please make that clear in your request.

Open Evening

Thursday 5th October 2023: 5pm - 7pm

The Basildon Lower Academy will be welcoming students, parents and carers who will be transitioning to secondary education in September 2024. There will be an opportunity for visitors to tour the schools facilities, speak to key members of staff and meet our Headteacher, Mrs Sherman.

A complimentary minibus will be available for any of our visitors wishing to visit our Upper Academy.

Both schools have a range of suitable rooms available for meetings with parents on a 1:1 or group basis, for coffee mornings and training events and make use of well-presented communal areas for community events and information sessions for large groups of parents.



Leading Parent
Partnership Award

2023-2026

Home Learning

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please visit the [Contact Us](#) page via the Basildon Lower Academy website and select the option for Home Learning/Homework.

Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link www.escb.co.uk which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

www.basildonloweracademy.org.uk/safeguarding

Volunteers for Educational Visit Chaperones

In order to support our ambition to get every learner onto an offsite visit this academic year, we are looking to create a team of parent and carer volunteers to be chaperones for our trips.

Each volunteer would be subject to Disclosure and Barring Service checks (DBS) completed through the school and, would undergo onsite safeguarding training with a view to being called upon when we need additional support with ratios of parents to students for school trips.

If you would be interested in registering for this support service and have availability during school time, please visit the [Contact Us](#) page via the Basildon Lower Academy website and select the option for General Enquiries.

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Uniform Exchange Scheme

If you have uniform that your child has outgrown, please bring it in and see if there is something in the exchange shop that has been donated that you can simply swap your item for. We are still gratefully receiving donations of blazers, shirts, trousers and PE kits that are in pre-loved condition and these can be donated via the reception office on either site.

Please remember, the Uniform Exchange shop is located at the Lower Academy, is open from 8am – 3:30pm Monday – Friday and is accessible via the school office.

Student Nurse Drop In

If students are worried about their health, would like a confidential chat or would just like to find out more about how our school nurse can help them, the nurse can be found:

Every Thursday
Breaktime

Location: The Lower
Academy Wellbeing
Centre



Absence Procedures

To report a student absence please visit the [Contact Us](#) page via the Basildon Lower Academy website and select the option for Attendance.

- Parents/carers should contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parents/carers must provide medical evidence to support all absences due to illness or medical appointments.
- Wherever possible parents/carers should make appointments outside of school hours but if this is unavoidable students should attend school before and after the appointment.
- If no appropriate medical evidence is provided then the Academies cannot authorise an absence. (ie. medical appointment card, prescription, doctor's letter.)

For further information and guidance regarding attendance and absence please visit our website:

www.basildonloweracademy.org.uk/attendance



Summer School 2023

Over 150 of our new Year 7 students joined us for an action-packed week of Summer School. Students had the opportunity to meet staff and become confident with their new school site, but most importantly they were able to make new friends and have fun.

"It's all thanks to Summer School that I met new people and made friends. The sports activities were a lot of fun and a creative way to keep fit." Tori

"I loved all of the activities and I have made new friends. There were so many fun things to do." Courtney

"Summer School has been fun and exciting, I now feel prepared to start school in September." Lilith

"This week has been really good. My favourite things about Summer School were the obstacle course, the Zorbing activity and the food." Zac

"I loved it! The Wednesday Wise-up was a great team building activity and a fun way to get to know everybody." Daniel

"Summer School has been really fun. Science, Catering and Zorbing were my favourites." Frankie

"Art lessons were my favourite, it was really fun. I like this school and I have made friends." Lacie

"I liked the Healthy Lifestyles class and enjoyed the Jenga in RSHE." Harry

"I loved all the subjects. Catering was my favourite because I made lemon drizzle cake for my mum and dad." Josh




There has been a heavy emphasis on the training and development of staff to support them in supporting students. Examples of this include extensive whole staff training in Trauma Perceptive Practice (TPP) and ensuring all key pastoral staff are mental health first aid trained to enable them to triage student need effectively.




Wellbeing Award
for Schools

2022-2025

Lunch & Break Menus

<div>  LUNCH MENU WEEK 1 </div>					
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Meat Free Monday Baked Tomato Mozzarella & Basil Risotto	Mexican Tuesday Mexican Chicken Bun	American Wednesday Mac 'n' Cheese	Spanish Thursday Creamy Sausage Tagliatelle	Fish Friday Fish Finger Sub with Lettuce & Mayo
Main Meal Option2	Vegetable Pasta Bake	Amigo Meatballs	Sweet Chilli Dogs	Spanish Chicken Wrap	BBQ Chicken Wings
Vegetarian Meal Option 1	Veggie Wrap	Veggie Burger	3-Veg Mac 'n' Cheese	Spanish Vegetable Wrap	Cauliflower Cheese
Vegetarian Meal Option 2	Veggie Bolognese Yorkshire Pudding	Vegetarian Amigo Meatballs	Sweet Chilli Quorn Dog	Tricolore Pasta	Vegetable Finger Sub with Lettuce & Mayo
On the Side	Garlic Bread Roasted Vegetables Mash Peas	Mexican Potatoes Mexican Style Corn-Salad Pasta	Baby Potatoes Crispy Cajun Onion Rings	Seasoned Rice Herb Diced Potatoes	Skin-on Wedges Sweetcorn
Pasta King Pot	Pomodoro Zingy Peppers	Amigo Meatballs Arrabbiata	Sweet Chilli Chicken Italian Mushroom	Spicy Sausage Zingy Peppers	Texan BBQ Meatballs Tomato & Mascarpone
Oven Baked Jacket Potato	Toppings Pasta King Sauce Cheese Beans	Toppings Pasta King Sauce Cheese or Beans Tuna Mayo	Toppings Pasta King Sauce Cheese or Beans Tuna Mayo	Toppings Pasta King Sauce Cheese or Beans Tuna Mayo	Toppings Pasta King Sauce Cheese or Beans Tuna Mayo
Dessert	Winter Berry Crumble & Custard	Chocolate Orange Brownie & Ice Cream	Raspberry Pancakes & Syrup	Apple Crumble Sundae	Warm Winter Citrus Cake & Custard

<div>  LUNCH MENU WEEK 2 </div>					
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Meat Free Monday Cheesy Vegetable Hotpot	Chinese Tuesday Sweet & Sour Chicken	Wednesday Family Favourite Chef's Roast	Mexican Thursday Chilli Con Carne	Chip Shop Friday Battered Sausage
Main Meal Option2	French Bread Pizza	Chinese Chicken Curry	Homemade Lasagne	Loaded Chicken & Vegetable Quesadillas	Individual Meat Pie
Vegetarian Meal Option 1	Cheesy Baked Bean Quesadillas	Vegetable & Noodle Stir Fry	Veggie Roast Yorkshire Pudding	Quorn Mince Chilli Con Carne	Battered Quorn Sausage
Vegetarian Meal Option 2	Roasted Vegetable Panini	Vegetable Curry	Homemade Veggie-Packed Lasagne	Loaded Vegetable Quesadillas	Individual Vegetable Pie
On the Side	Roasted Vegetables Freshly Prepared Coleslaw	Super Veggie Spring Roll Chinese Fried Rice	Roasted Potatoes & Vegetables Rustic Garlic Bread Freshly prepared coleslaw	Rice Mexican Potatoes	Chips Beans Curry Sauce
Pasta King Pot	Italian Mushroom Zingy Peppers	Firecracker Chicken Basilico	Veggie Bolognese Spicy Sausage	Mediterranean Pizza Texan BBQ Meatballs	BBQ Sausage Tomato & Mascarpone
Oven Baked Jacket Potato	Toppings Pasta King Sauce Cheese Beans	Toppings Pasta King Sauce Cheese or Beans Tuna Mayo	Toppings Pasta King Sauce Cheese or Beans Tuna Mayo	Toppings Pasta King Sauce Cheese or Beans Tuna Mayo	Toppings Pasta King Sauce Cheese or Beans Tuna Mayo
Dessert	Chocolate Cherry Sponge and Custard	Apple Puff & Ice Cream	Lemon Drizzle Cake	Belgian Waffle with Strawberries & Chocolate Sauce	Cherry Puff & Custard



LUNCH MENU WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Meat Free Monday Creamy Pepper Pasta	Build a Burger Tuesday Crispy Chicken Burger	Italian Style Wednesday Spaghetti Bolognese	Pie Thursday Shepherd's Pie	Fake Away Friday Bubble Crumb Fish Bites
Main Meal Option 2	Cheese & Tomato Panini	Hot Dog & Onions	Meatball Sub Roll	Cornish Pasty	Mighty Meaty Pizza
Vegetarian Meal Option 1	Roasted Vegetable Panini	Crumbed Vegetable Burger	Veggie Bolognese	Veggie Shepherd's Pie with Sweet Potato Mash	Mac 'n' Cheese Bites
Vegetarian Meal Option 1	Cheese & Veggie Quesadillas	Quorn Dog & Onions	Veggie Meatball Sub Roll	Cheese & Onion Pasty	Margherita Pizza
On the Side	Rustic Garlic Bread Garlic New Potatoes	Classic Potato Salad Seasoned Onion Rings	Creamy Coleslaw Rustic Garlic Bread	Roasted Winter Vegetables Mash Gravy	Creamy Coleslaw Seasoned Wedges
Pasta King Pot	Mediterranean Pizza Zingy Peppers	Basilico Cheeseburger	Chilli Beef Arrabiata	Spicy Sausage Pomodoro	Smokey Pepperoni Tomato & Mascarpone
Oven Baked Jacket Potato	Toppings Pasta King Sauce Cheese Beans	Toppings Pasta King Sauce Cheese or Beans Tuna Mayo	Toppings Pasta King Sauce Cheese or Beans Tuna Mayo	Toppings Pasta King Sauce Cheese or Beans Tuna Mayo	Toppings Pasta King Sauce Cheese or Beans Tuna Mayo
Dessert	Rhubarb Crumble & Custard	Banoffee Pie	Raspberry and Lemon Cake	Dipping Doughnuts	Strawberry Roly-Poly & Custard



BREAK MENU



Monday	Tuesday	Wednesday	Thursday	Friday
PK Pockets	Chinese Chicken Wings	Sausage Roll Vegan Sausage Roll	PK Pockets	Egg & Bacon Muffin
Cheese Toasted Sandwich	Panini	Nacho's with Salsa & Melted Cheese	Pizza	Tomato & Mozzarella Toastie
Ultimate Healthy Flapjack	Cheese & Tomato Quesadilla or Cheese & Ham Quesadilla Veggie Quesadilla	Ultimate Healthy Flapjack	Breakfast Roll-Up	Ultimate Healthy Flapjack
Granola & Yoghurt Pot	Granola & Yoghurt Pot	Granola & Yoghurt Pot	Granola & Yoghurt Pot	Granola & Yoghurt Pot
Fruit Pots	Fruit Pots	Fruit Pots	Fruit Pots	Fruit Pots

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